



COVID-19 Vaccines Q & A

1. How effective is the COVID-19 vaccine?

After receiving both doses of the vaccine, most people will be protected. It takes at least a week after the 2nd dose to develop immunity, which, according to current scientific data, is estimated to last for 6 to 8 months. There is a small chance that someone will get it even if they have been vaccinated. This means that it is important to continue to follow safety measures until a larger part of the population is vaccinated.

2. Will I get COVID-19 from the vaccine?

The vaccine does not cause COVID-19. It does take a few weeks after vaccination for your body to build up antibodies to protect you from the virus. That means it's possible you could be infected with the virus that causes COVID-19 just before or just after getting the vaccine and still get sick.

3. How safe are the vaccines that will be released?

As of May 23, 2021, over a one and half billion people have received the COVID-19 vaccine without any serious side effects, other than the usual ones seen after vaccination. The vaccines that will be used in Greece have been approved for their safety, quality and effectiveness by the competent international organizations, EMA (European Medicines Agency) and the FDA (Food and Drug Administration) and have been tested by the WHO (World Health Organization). All vaccines will have undergone clinical trials for their immunogenicity and safety and will have been tested in several successive stages (phase 1 - 3 studies).

4. I've had COVID-19. Should I get the vaccine?

Yes, you should still be vaccinated because you can become infected more than once. If you've had COVID-19, ask your doctor when you should be vaccinated.

Instructions for the day of the scheduled appointment

On the day of the scheduled appointment:

- ✓ arrange for your timely arrival at the Vaccination Center, in order to facilitate the smooth flow of the vaccination process and to avoid any delays.
- ✓ bring the Police ID or Passport or other official document, in order to be identified.
- ✓ Know the Social Security Registration Number (AMKA) or the Tax Registration Number (TIN), in order to search for your appointment.
- ✓ bring the QR code, as created during the scheduling of the appointment





After receiving COVID-19 Vaccination

What must I do after receiving the first dose of the vaccine?

You need to ensure that you receive the second dose of your vaccination within the time period recommended, as this is crucial for the development of protection against the virus.

What to expect after getting a COVID-19 Vaccine

After getting vaccinated, you may have some side effects, which are signs that your body is building protection against virus.

Common side effects are:

- ✓ Pain, redness and/or swelling on the arm where you got the shot
- ✓ Chills, muscle pain
- ✓ Fever
- ✓ Tiredness
- ✓ Headache
- ✓ nausea

Side effects may affect daily activities and may make you feel like you have the flu, but they should go away in a few days.

If you have pain or discomfort from fever:

- ✓ Contact your personal doctor or the vaccination center and get advice if an over-the-counter medication to relief symptoms is needed.
- ✓ Apply a clean cool cloth or some ice over the area to reduce pain and discomfort
- ✓ Hydrate (drink plenty of fluids) and dress lightly if fever is causing you discomfort
- ✓ Contact immediately your healthcare provider if you experience any of these signs (difficulty breathing, swelling of face or throat, fast heartbeat, dizziness and weakness)

You can report the negative side-effects you consider associated with the Covid-19 vaccination on the webpage of the National Organization for Medicines, by completing the yellow form on www.eof.gr/web/guest/yellowgeneral

Can I continue my activities as normal after being vaccinated against Covid-19?

Yes, you can continue to participate as normal in all your daily activities, as long as you feel healthy.



COVID-19 Vaccine Certificate

You can get a certificate for your COVID-19 vaccination. The certificate can be issued the day after the last vaccination dose, depending on the type of vaccine. You will need your **personal Taxisnet passwords** and your **AMKA**





It takes time for your body to build protection after any vaccination. People are considered fully vaccinated for COVID-19 two weeks after the second shot (Pfizer-BioNtech, Moderna, Astra Zeneca Vaccines) and two weeks after the single dose for J&J COVID-19 vaccine.

The more people are vaccinated, the sooner the presence of the virus in the community will be reduced.

Protect yourself and others.
Even after you are vaccinated do not forget



Wear a mask



Avoid crowds and stay
2 meters away from others



Wash your hands often

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Sources: <https://schoolnursenet.nasn.org/covid19ref/home>, <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html>,
<https://docs.google.com/document/d/1A7RdIof9U1PM9vAOI8MRDnW1Rc0R4-hDbgydFI3pK-s/edit> ; https://ourworldindata.org/covid-vaccinations?country=OWID_WRL

Picture sources: www.freepik.com, <https://www.cdc.gov/coronavirus/2019-ncov/vaccines>

