

# LECTURES ON PUBLIC HEALTH

5<sup>TH</sup> SERIES OF LECTURES  
ATHENS 2019 – 2020



Institute  
of Public Health

# PROGRAM OF LECTURES 2019-2020

Wednesday  
September 25, 2019

## **SEASONAL INFLUENZA ROUND TABLE DISCUSSION**

**19:00 – 19:05**

### **INTRODUCTION**

**Panagiotis Behrakis**  
Director, Institute of Public Health,  
The American College of Greece

### **LECTURES**

**19:05 – 19:20**

### **Infectious Diseases - Current Public Health Threats and Risk Assessment**

**Sotirios Tsiodras**  
Professor of Internal Medicine and Infectious Diseases, School of Medicine, National & Kapodistrian University of Athens

**19:20 – 19:40**

### **Seasonal Influenza: Epidemiology and Prevention**

**Anna Tzortzi**  
Pulmonologist, Associate Director, Institute of Public Health,  
The American College of Greece

**19:40 – 20:00**

### **Seasonal influenza: Lab Diagnostics & Therapeutic Approach**

**George Saroglou**  
Professor Emeritus, Internal Medicine and Infectious Diseases, National & Kapodistrian University of Athens

Wednesday  
October 30, 2019

## **Brain and Mind: Who is the Puppet & Who the Puppeteer?**

**George Paxinos**  
NHMRC Senior Principal Research Fellow at Neuroscience Research Australia & Scientia Professor of Medical Sciences, The University of New South Wales, Australia

**19:00 – 20:00**

Wednesday  
November 27, 2019

## **Birth Deficit & Demographics in Greece: Facts, Numbers & Proposals**

**Dr. Stefanos Chandakas, MD, MBA, PhD**  
Founder & Chairman of HOPEgenesis, Obstetrician - Gynecologist, Member of the Scientific Board and Board of Directors, MITERA Hospital - HYGEIA group, Athens, Greece

**19:00 – 19:40**

**19:40 – 20:20**

## **The Demographic Problem: A Multi-Dimensional Threat for Greece**

**George Rachiotis**  
Occupational Physician, Associate Professor of Epidemiology and Occupational Hygiene, Medical Faculty, University of Thessaly, Greece

# PROGRAM OF LECTURES 2019-2020

- Wednesday**  
**December 11, 2019**
- 19:00 – 20:00**
- Public Health in the Digital Era: Big Data and Artificial Intelligence Change the Health Landscape**  
**Christina Papanikolaou, MD**  
Biopathologist, Former Secretary General for Public Health - Ministry of Health, Head of E-Health and Cross-Border Care Sector, Institute of Scientific Research - Panhellenic Medical Association (PMA)
- Wednesday**  
**January 29, 2020**
- 19:00 – 20:00**
- Origins and Birth of Bioethics**  
**Stefanos Geroulanos MD, PhD, Dr.h.c, FACS, FCCM, FESICM, FEACTS, FICA hon, DL hon**  
Professor of Surgery, University of Zurich, f. Prof. of History of Medicine, University of Ioannina, President ICC, International Hippocratic Foundation, Kos, Chair of Medicine, World Academie of Lettres and Science, Cambridge, Socius extraord. International Academy of Histroy of Sciences, Bruxelles, Hon. President Hellenic Society of History of Medicin
- Wednesday**  
**March 4, 2020**
- 19:00 – 20:00**
- Lifestyle Medicine**  
**George Chrousos, MD, MACP, MACE, FRCP**  
Professor of Pediatrics and Endocrinology Emeritus, Director, University Research Institute of Maternal and Child Health and Precision Medicine, Holder, UNESCO Chair on Adolescent Health Care, National & Kapodistrian University of Athens, Medical School, "Aghia Sophia" Children's Hospital
- Wednesday**  
**March 18, 2020**
- 19:00 – 19:40**
- Sleep Disorders Medicine: The Advent of an Interdisciplinary Field**  
**Constantin Soldatos**  
Professor of Psychiatry, Honorary President of the Hellenic Sleep Research Society
- 19:40 – 20:20**
- Sleep Apnea Syndrome: A Clinical Entity Underestimated and Underdiagnosed**  
**Dr Anastasia Amfilochiou**  
Pulmonologist, Director, Sleep Study Unit, Sismanogleio General Hospital, Athens
- Wednesday**  
**April 1, 2020**
- 19:00 – 20:00**
- Vaccinations for Children & Adolescents: Past, Present & Future**  
**Maria Theodoridou**  
Professor Emeritus of Pediatrics, National & Kapodistrian University of Athens
- Wednesday**  
**May 6, 2020**
- 19:00 – 20:00**
- The Role of Circadian Rhythm in Metabolic Disorders**  
**Melpomeni Peppa, MD**  
Associate Professor of Endocrinology, National & Kapodistrian University of Athens, Director of Endocrine & Bone Metabolic Disorders Unit, 2nd Department of Internal Medicine Propaedeutic Research Institute and Diabetes Center "Attikon" University Hopsital, Athens, Greece

---

Each lecture will be followed by a discussion

The **Institute of Public Health, The American College of Greece**, established in September 2015, is funded by the **Behrakis Foundation**, in Boston, MA.

Directed by **Professor Panagiotis Behrakis**, the Institute's main purpose is the development of scientific research, as well as educational and other promotional activities, in order to increase public awareness in the field of public health.

In this context, the Institute organizes every year a series of lectures on various public health topics.

The lectures are addressed to health professionals, school teachers, scientists, as well as the general public, and especially parents, interested in receiving up-to-date, scientifically proven information on crucial, current issues related to public health.

Allied with the **George D. Behrakis Research Lab** of the Hellenic Cancer Society, The Institute of Public Health, The American College of Greece also supports the **SMOKEFREEGREECE** campaign, as well as the smoking prevention and educational activities implemented nationally and internationally.

---

Lectures are delivered in Greek.

Lectures are credited by the **Pan-Hellenic Medical Association** for continuing medical education (CME-CPD credits) and by the **Hellenic Regulatory Body of Nurses (E.N.E)** for Continuing Nursing Education.

---

#### INSTITUTE OF PUBLIC HEALTH

Ipitou Str. 17B, Plaka

 [www.smokefreegreece.gr](http://www.smokefreegreece.gr) | [www.researchlab.gr](http://www.researchlab.gr)

 SmokefreeGreece

 YouTube: Institute of Public Health - ACG

#### INFORMATION

**Anna Tzortzi**

Program Coordinator, Associate Director of the Institute of Public Health, The American College of Greece

 +30 210.6470056 | +30 210.3314755

 [atzortzi@acg.edu](mailto:atzortzi@acg.edu) | [atzortzi@researchlab.gr](mailto:atzortzi@researchlab.gr)