

Carpool or combine trips and drive more efficiently 
Unplug battery recharger when not in use
Convert compact fluorescent lighting to LED little by little 
Read pesticide labels and use them properly and carefully
Buy locally produced foods, products, and items 
Replace paper towels with reusable wipes
Keep windows clean so sunlight can warm your home 
Give away or sell “stuff” that you don’t need or use
Reduce the time you use the washer and dryer by 1/3 
Take the stairs instead of the elevator
Be more efficient in the shower; use less water and shower for up to 3’-5’ daily 
Educate children and your peers to protect the environment
Increase recycling efforts both at home and the workplace 
Purchase items at local thrift shops instead of buying new all the time
Expand your garden or plant a tree 
Use sealable storage containers rather than plastic wrap
Ride a bike or walk instead of driving a car 
Use cloth napkins instead of paper
Turn the water off when brushing your teeth & doing the dishes 
Stop junk mail
Reuse cardboard boxes, plastic bags and paper sacks 
Pay bills online and save the receipt in digital form!
Promote the use of recycled and reusable products 
Organize a clothes swap day with your friends/community
Limit your technology upgrades. This way we can significantly reduce our personal demand for fossil fuels 
Purchase products in bulk using reusable containers
Reduce energy consumption 
Rent or lease products or equipment instead of buying new – especially the ones you rarely need or use!

Share these tips with your peers & help spread the message!