

**DEREE COLLEGE SYLLABUS FOR:  
PS 4751 ADULT PSYCHOPATHOLOGY**

**3/0/3**

**LEVEL 6  
UK CREDITS: 15**

Updated Fall 2023

**PREREQUISITES:**

PS 1000 Psychology as a Natural Science – L 4  
PS 1001 Psychology as a Social Science – L 4  
PS 2236 Human Learning & Memory – L4  
PS 2260 Introduction to Statistical Thinking – L4  
PS 2347 Analysis of Quantitative Data – L 4  
PS 3630 Biological Psychology – L5  
BI 1000 Introduction to Biology I – L4

**CATALOG  
DESCRIPTION:**

Major theories of and research in the study of psychopathology. A scientist-practitioner approach to the study of the major psychological disorders, based on the DSM-5, along with their assessment, sociocultural implications, and treatment. Diverse cultural perspectives in the understanding of mental health disorders.

**RATIONALE:**

An advanced-level module familiarizing students with basic clinical concepts, including assessment of psychopathology, different theoretical perspectives, and research. For the future clinical, counselling, forensic and school psychologist, as well as social scientist who wants to gain insight into the dynamics of adult psychopathology.

**LEARNING OUTCOMES:**

Upon completion of this module, the student should be able to:

1. Critically evaluate assumptions underlying definitions of abnormality/disorder, according to different theoretical perspectives.
2. Consider the complex interplay of factors that contribute to the development and maintenance of psychological and behavioural dysfunction.
3. Describe the symptoms of the different types of psychopathological and behavioural dysfunction and evaluate current knowledge of treatments and outcomes.
4. Critically evaluate and use the classification system of psychopathology to arrive at differential diagnoses for different cases.

**METHOD OF TEACHING AND  
LEARNING:**

In line with the teaching and learning strategy of the college, the following tools are used:

- Office hours
- Use of Blackboard Site
- Lectures
- Class experiential activities and group discussions

**ASSESSMENT:**

**Summative:**

	<table border="1" data-bbox="565 111 1352 447"> <tr> <td data-bbox="565 111 1166 306"> <b>1st assessment: Critical Review Paper</b>  Critical review/argumentative paper on recent empirical findings on controversial diagnostic and treatment issues of psychopathology </td><td data-bbox="1166 111 1352 306"> <b>50%</b> </td></tr> <tr> <td data-bbox="565 306 1166 373"> <b>2<sup>nd</sup> assessment: Application Assignments</b> </td><td data-bbox="1166 306 1352 373"> <b>10%</b> </td></tr> <tr> <td data-bbox="565 373 1166 447"> <b>Final assessment: Examination</b>  Essay questions </td><td data-bbox="1166 373 1352 447"> <b>40%</b> </td></tr> </table> <p data-bbox="565 478 1393 657"> The 1<sup>st</sup> assessment tests Learning Outcomes: 1 and 2.  The 2<sup>nd</sup> assessment tests all Learning Outcomes 1,2,3,4.  The final assessment tests Learning Outcomes: 2, 3, 4.   Students are required to resit failed assessments in this module. </p>	<b>1st assessment: Critical Review Paper</b> Critical review/argumentative paper on recent empirical findings on controversial diagnostic and treatment issues of psychopathology	<b>50%</b>	<b>2<sup>nd</sup> assessment: Application Assignments</b>	<b>10%</b>	<b>Final assessment: Examination</b> Essay questions	<b>40%</b>
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<b>2<sup>nd</sup> assessment: Application Assignments</b>	<b>10%</b>						
<b>Final assessment: Examination</b> Essay questions	<b>40%</b>						
<b>INDICATIVE READING:</b>	<p data-bbox="565 720 865 751"><b>REQUIRED READING:</b></p> <p data-bbox="565 783 1482 888">Kring, A.M &amp; Johnson, S.L. (2022) <i>Abnormal Psychology: The Science and Treatment of Psychological Disorders, DSM 5-TR Update</i>, Wiley ISBN 9781119933465</p> <p data-bbox="565 919 946 951"><b>RECOMMENDED READING:</b></p> <p data-bbox="565 982 1417 1087">American Psychiatric Association (APA). (2013). <i>Diagnostic and Statistical Manual of Mental Disorders</i> (5th ed.). Washington, DC: American Psychiatric Association.</p> <p data-bbox="565 1119 1482 1255">Hengartner, M. P., &amp; Lehmann, S. N. (2017). Why psychiatric research must abandon traditional diagnostic classification and adopt a fully dimensional scope- two solutions to a persistent problem. <i>Frontiers in Psychiatry</i>, 8, 101.</p> <p data-bbox="565 1287 1482 1392">Kotan, V. O., Kotan, Z., &amp; Bilgili, G. Ö. (2018). Diagnostic Classification Systems Based on Psychoanalytical Principles. <i>Archives of Neuropsychiatry</i>, 55(1), 91.</p> <p data-bbox="565 1423 1482 1486">Meyer, R. G., Chapman, K. L. &amp; Weaver, C. M. (2008). <i>Case Studies in Abnormal Behavior</i>. Pearson Education.</p> <p data-bbox="565 1518 1206 1560"><b><u>Trauma, Anxiety, OCD, and Related Disorders:</u></b></p> <p data-bbox="565 1591 1466 1696">Blakey, S. M., &amp; Abramowitz, J. S. (2018). Interoceptive exposure: an overlooked modality in the cognitive-behavioural treatment of OCD. <i>Cognitive and Behavioural Practice</i>, 25(1), 145-155.</p> <p data-bbox="565 1728 1466 1896">Pompoli A, Furukawa TA, Efthimiou O, Imai H, Tajika A, Salanti G (2018). Dismantling cognitive-behaviour therapy for panic disorder: A systematic review and component network meta-analysis. <i>Psychological Medicine</i>, 48, 1945–1953. <a href="https://doi.org/10.1017/S0033291717003919">https://doi.org/10.1017/S0033291717003919</a></p>						

Stein, D. J., Costa, D. L., Lochner, C., Miguel, E. C., Reddy, Y. J., Shavitt, R. G., ... & Simpson, H. B. (2019). Obsessive-compulsive disorder. *Nature Reviews Disease Primers*, 5(1), 1-21.

### **Somatic Symptom and Dissociative Disorders:**

Cosci, F., & Fava, G. A. (2016). The clinical inadequacy of the DSM-5 classification of somatic symptom and related disorders: An alternative trans-diagnostic model. *CNS Spectrums*, 21(4), 310-317.

Wilkinson, S., & DeJong, M. (2020). Dissociative identity disorder: a developmental perspective. *BJPsych Advances*, 1-3.

### **Mood Disorders:**

Chu, C., Buchman-Schmitt, J. M., Stanley, I. H., Hom, M. A., Tucker, R. P., Hagan, C. R., ... & Joiner Jr, T. E. (2017). The interpersonal theory of suicide: A systematic review and meta-analysis of a decade of cross-national research. *Psychological Bulletin*, 143(12), 1313.

Marsella, A. J. (2003). Cultural aspects of depressive experience and disorders. *Online readings in psychology and culture*, 10(2).  
<https://doi.org/10.9707/2307-0919.1081>

### **Schizophrenia Spectrum Disorders:**

Cinkin, H. M., & Iacono, W. G. (2002). Schizophrenia: A neurodevelopmental perspective. *Current Directions in Psychological Science*, 11, 33-37.

Schwartz, E. K., Docherty, N. M., Najolia, G. M., & Cohen, A. S. (2019). Exploring the racial diagnostic bias of schizophrenia using behavioural and clinical-based measures. *Journal of Abnormal Psychology*, 128(3), 263.

Thomas, N., Hayward, M., Peters, E., Van Der Gaag, M., Bentall, R. P., Jenner, J., ... & García-Montes, J. M. (2014). Psychological therapies for auditory hallucinations (Voices): Current status and key directions for future research. *Schizophrenia Bulletin*, 40(Suppl\_4), S202-S212.

Ward, T., Rus-Calafell, M., Ramadhan, Z., Soumelidou, O., Fornells-Ambrojo, M., Garety, P., & Craig, T. K. (2020). AVATAR Therapy for Distressing Voices: A Comprehensive Account of Therapeutic Targets. *Schizophrenia Bulletin*, 46(5), 1038-44.  
<https://doi.org/10.1093/schbul/sbaa061>

### **Personality Disorders:**

Esbec, E., & Echeburúa, E. (2015). The hybrid model for the classification of personality disorders in DSM-5: a critical analysis. *Actas Esp Psiquiatr*, 43(5), 177-86.

Skodol, A. E., Morey, L. C., Bender, D. S., & Oldham, J. M. (2015). The alternative DSM-5 model for personality disorders: A clinical application. *American Journal of Psychiatry*, 172(7), 606-613.

	<p><b><u>Eating Disorders:</u></b></p> <p>Dunn, T. M., &amp; Bratman, S. (2016). On orthorexia nervosa: A review of the literature and proposed diagnostic criteria. <i>Eating Behaviours</i>, 21, 11-17.</p> <p>Hilbert, A., Hoek, H. W., &amp; Schmidt, R. (2017). Evidence-based clinical guidelines for eating disorders: International comparison. <i>Current Opinion in Psychiatry</i>, 30(6), 423.</p> <p>Pisetsky, E. M., Schaefer, L. M., Wonderlich, S. A., &amp; Peterson, C. B. (2019). Emerging psychological treatments in eating disorders. <i>The Psychiatric Clinics of North America</i>, 42(2), 219.</p> <p><b><u>Sexual Disorders:</u></b></p> <p>Ashley, F. (2019). The misuse of gender dysphoria: Toward greater conceptual clarity in transgender health. <i>Perspectives on Psychological Science</i>, <a href="https://doi.org/10.1177/1745691619872987">https://doi.org/10.1177/1745691619872987</a></p> <p>Heinemann, J., Atallah, S., &amp; Rosenbaum, T. (2016). The impact of culture and ethnicity on sexuality and sexual function. <i>Current Sexual Health Reports</i>, 8(3), 144-150.</p>
<p><b>INDICATIVE MATERIAL:</b> (e.g. audiovisual, digital material, etc.)</p>	<p><b>REQUIRED MATERIAL:</b> N/A</p> <p><b>RECOMMENDED MATERIAL:</b> Journal of Abnormal Psychology Journal of Consulting and Clinical Psychology Personality Disorders: Theory, Research and Treatment Schizophrenia Bulletin Journal of Affective Disorders</p>
<p><b>COMMUNICATION REQUIREMENTS:</b></p>	<p>Project submitted in Word. Academic use of English, both oral and written.</p>
<p><b>SOFTWARE REQUIREMENTS:</b></p>	<p>Blackboard, MS Office, search engines</p>
<p><b>WWW RESOURCES:</b></p>	<p>-American Psychological Association: <a href="http://www.apa.org">www.apa.org</a></p> <p>-British Psychological Association: <a href="http://www.bps.org">www.bps.org</a></p> <p>-National Institute of Mental Health: <a href="http://www.nimh.nih.gov">www.nimh.nih.gov</a></p> <p>-World Health Organization: <a href="http://www.who.int">www.who.int</a></p>
<p><b>INDICATIVE CONTENT:</b></p>	<ol style="list-style-type: none"> <li>1. Present-day Abnormal Behaviour</li> <li>2. Biological, Psychosocial and Sociocultural Viewpoints</li> <li>3. Contemporary Approaches to Treatment</li> <li>4. Research, Assessment and Diagnosis for Abnormality</li> </ol>

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|  | <ol style="list-style-type: none"><li>5. Anxiety Disorders</li><li>6. Mood Disorders and Suicide</li><li>7. Schizophrenia</li><li>8. Dissociative and Somatoform Disorders</li><li>9. Personality Disorders</li><li>10. Eating Disorders</li><li>11. Sexual Disorders</li><li>12. Substance Use Disorders</li><li>13. Cognitive Disorders</li></ol> |
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