

**DEREE COLLEGE SYLLABUS FOR:
PS 3509 ADULTHOOD AND AGING**

3/0/3

(Previously PS 3609)
(Fall 2023)

**UK LEVEL 5
UK CREDITS: 15**

PREREQUISITES:

PS 1000 Psychology as a Natural Science – L4
PS 1001 Psychology as a Social Science – L4
PS 2207 Infancy and Preschool Years – L4
PS 2236 Human Learning and Memory – L4
PS 2260 Introduction to Statistical thinking – L4

CATALOG DESCRIPTION:

An overview of the aging process from a psychological perspective through the study of major theories of aging, changes in physical and mental health, personal transitions, and social relationships, as well as death and dying. Critical presentation of cultural influences on parenting and sexuality.

RATIONALE:

The module aims at familiarizing students with basic developmental aspects of aging, theoretical perspectives, and research. For the future developmental, clinical, and counselling psychologist as well as social scientist who wants to gain insight into the major developmental issues of adulthood through the end of life.

LEARNING OUTCOMES:

Upon completion of the module, the student should be able to:

1. Examine the life-span developmental perspectives and review the relevant research methods used in the area.
2. Analyse the basic changes in biological, cognitive, personality, and social processes that accompany aging.
3. Discuss transitions related to aging and cultural influences on death dying and bereavement.
4. Identify, evaluate, and debunk myth-making that perpetuates ageism.

METHOD OF TEACHING AND LEARNING:

In line with the teaching and learning strategy of the college, the following tools are used:

- Classes consist of lectures, video and audio presentations, and in-class demonstrations
- In class discussions of case studies
- Use of Blackboard site
- Office hours

ASSESSMENT:

Summative:	
1st assessment: "Myth paper "on selected controversial topics and myths.	30%
2nd assessment: Application Assignments	10%
Final assessment: Examination:	60%

	<table border="1" data-bbox="561 109 1351 180"> <tr> <td data-bbox="561 109 1162 180">Essay questions</td> <td data-bbox="1162 109 1351 180"></td> </tr> </table> <p>The 1st assessment tests Learning outcome: 4. The 2nd assessment tests Learning outcomes 1,2,3,4. The final assessment tests Learning Outcomes: 1, 2, 3.</p> <p>Students are required to resit failed assessments in this module.</p>	Essay questions	
Essay questions			
<p>INDICATIVE READING:</p>	<p>REQUIRED READING:</p> <p>Rathus, S. A. (2018). Human Lifespan Development. Cengage.</p> <p>RECOMMENDED READING:</p> <p>Bjorklund, B., & Bee, H. (2009). <i>The journey of adulthood</i>. Pearson.</p> <p>Brooks, J. (2011). <i>The process of parenting</i>. McGraw-Hill.</p> <p>Buettner, D. (2008). <i>The Blue Zones: Lessons for living longer from the people who have lived the longest</i>. National Geographic: Washington, DC</p> <p>Cavanaugh, J.C. Blanchard-Fields, F., & Norris, J. E. (2018). <i>Adult development and aging</i>, First Canadian Edition. Nelson Education Ltd.: Toronto.</p> <p>Papalia. D, & Martorell, G. (2014). <i>Experience human development</i>. McGraw-Hill.</p>		
<p>INDICATIVE MATERIAL: (e.g. audiovisual, digital material, etc.)</p>	<p>REQUIRED MATERIAL: N/A</p> <p>RECOMMENDED MATERIAL: Aging and Mental Health Journal of Adult Development Journal of Aging and Health Journal of Applied Gerontology Journal of Family Issues Neurobiology of Aging</p>		
<p>COMMUNICATION REQUIREMENTS:</p>	<p>Critical review submitted in Word Academic use of English, both oral and written. APA style</p>		
<p>SOFTWARE REQUIREMENTS:</p>	<p>Blackboard CMS, MS Office, search engines</p>		
<p>WWW RESOURCES:</p>	<p>American Psychological Association: www.apa.org</p> <p>British Psychological Society: www.bps.org.uk</p>		

	<p>Journal of Adult Development www.springer.com/journal/10804</p> <p>Journal of Aging and Health https://journals.sagepub.com/loi/jah</p> <p>Journal of Family Issues https://us.sagepub.com/en-us/nam/journal-of-family-issues/journal200912</p> <p>Psychology and Aging www.apa.org/pubs/journals/pag</p>
INDICATIVE CONTENT:	<ol style="list-style-type: none"> 1. Basic theoretical issues and research methods 2. Physical and cognitive development in adulthood 3. Social and emotional development in adulthood 4. Physical and cognitive development in old age 5. Social and emotional development in old age