

(Fall 2015 )

**PREREQUISITES:**

DA2050 Contemporary Dance I  
DA2151 Contemporary Dance II  
DA3255 Contemporary Dance III  
DA3358 Contemporary Dance IV  
Or by permission of instructor

**CATALOG  
DESCRIPTION:**

Advanced technique training in contemporary dance. Health, safety, nutritional/dietary concerns and injury prevention.

**RATIONALE:**

This course aims to pursue excellence in contemporary dance performance through exposure to variety of technical styles depending on the instructor's background. The emphasis is on autonomous, self-directed learning through engaging with advanced level technique class. Individual interpretation of the material as well as expressivity in performance is also important. The class is geared towards increasing the students' autonomy as performing artists and to promote in them an understanding of the value of daily technique class in their professional career.

**LEARNING OUTCOMES:**

As a result of taking this course, the student should be able to:

1. Demonstrate competency and fluency in the performance of contemporary dance to Intermediate/Advanced level.
2. Demonstrate ability to perform the material with clarity of intention and execution.
3. Apply knowledge gained to perform longer and more complex combinations with attention to changes in dynamic, spatial orientation, balance and lability.
4. Demonstrate ability to infuse the performance of the combinations with a sense personal interpretation that takes into considerations the requirements and demands of the task.
5. Demonstrate a professional attitude towards training and health and nutrition.
6. Value the importance of training in professional life through their engagement with day to day training.

**METHOD OF TEACHING AND  
LEARNING:**

In congruence with the teaching and learning strategy of the college, the following tools are used:

- Workshops
- Lectures, class discussions, video presentations
- Office hours where students can discuss with instructor their concerns over ongoing projects.
- Use of a Blackboard site where lecture notes, assignment instructions, announcements, and other materials related to the module are posted.

**ASSESSMENT:****Summative:**

Midterm presentation of 'assessed class' (emphasis on core exercises)	<b>40%</b>
Final presentation of 'assessed class' (emphasis on variations to performance level)	<b>60%</b>

**Formative:**

Participation and preparation for class	<b>0</b>
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The formative participation and preparation for class aims to prepare students for the examination.

The Midterm presentation 'assessed class' tests Learning Outcomes 1,2, 3

The Final presentation 'assessed class with variations to performance' tests Learning Outcomes 4,5,6

**INDICATIVE READING:****REQUIRED READING:** n/a**RECOMMENDED READING:**

Solomon, R, J. Solomon, and S. Cerny Minton (2005). *Preventing Dance Injuries*, Leeds: Human Kinetics Europe Ltd.

Todd, M. (2008) *The Thinking Body*, The Gestalt Journal Press.

**INDICATIVE MATERIAL:**

(e.g. audiovisual, digital material, etc.)

**REQUIRED MATERIAL:** provided on Blackboard**RECOMMENDED MATERIAL:** provided on Blackboard**COMMUNICATION REQUIREMENTS:**

Use of proper English for all written and oral assignments.

**SOFTWARE REQUIREMENTS:**

Microsoft Word, Blackboard CMS.

**WWW RESOURCES:**

Provided via Blackboard.

**INDICATIVE CONTENT:**

1. Daily technical training, in order to develop interpretive and presentational skills in preparation for performance.
2. Exercises to develop accuracy, musicality, stamina and strength will be priorities in developing efficient and professional dancers.
3. Longer and more complex set combinations in order to effectively engage with complex movement tasks.
4. Longer and more complex set combinations to establish links between technique skills and approached to choreograph material.

5. Combinations of 'unknown' material in order to maintain alertness in the approach to movement observation and acquisition and to counter balance learning by rote.

6. Exercises to developing the students' proprioceptive skills in order to develop accuracy as well as ability to self-reflect on their performance.