

(Updated Fall 2015)**PREREQUISITES:**DA 2050 Contemporary Dance I
DA 2151 Contemporary Dance II or by permission of instructor**CATALOG
DESCRIPTION:**

Advanced aspects of contemporary dance technique. Attention to the performance of elaborate movement combinations that require mastery in the control of level changes, the use of gravity, weight transfer, change of speed, balance / instability, the fall / recovery.

RATIONALE:

The course offers the more advanced dance student the opportunity to continue dance training to an intermediate/advanced level. Short choreographic studies are taught as "variations" in order to link movement technique skills to artistic performance.

LEARNING OUTCOMES:

As a result of taking this course, the student should be able to:

1. Demonstrate knowledge of movement fundamentals in order to evaluate their performance and that of others.
2. Show knowledge of main principles and movement skills within the spectrum of contemporary dance at an intermediate/advanced level.
3. Demonstrate competency and fluency in performance of complex movement variations.
4. Apply knowledge of dance dynamics to infuse performance with personal artistic interpretation.

**METHOD OF TEACHING AND
LEARNING:**

In congruence with the teaching and learning strategy of the college, the following tools are used:

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- Lectures, class discussions, video presentations.
- Workshops
- Office hours where students can discuss with instructor their concerns over ongoing projects.
- Use of a Blackboard site where lecture notes, assignment instructions, announcements, and other materials related to the module are posted.

ASSESSMENT:**Summative:**

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|--|------------|
| Midterm: 'assessed class' core exercises | 20% |
| Final Examination: assessed class with taught variations for performance | 80% |

Formative:

| | |
|----------------------|----------|
| Self-assessment task | 0 |
| Technique journal | 0 |

The formative "self-assessment and technique journal" aims to prepare

students for the work midterm and final examination.
The "Midterm assessed class" tests Learning Outcomes 1,2
The " Final Assessed class" tests Learning Outcomes 3,4

READING LIST:

REQUIRED MATERIAL:

Diehl, I. & F. Lampert, (2011) *Dance Techniques 2010* Tanzplan, Germany, Seemann-Henschel

FURTHER READING:

Bartenieff, I & D. Lewis eds, (2002) *Body Movement, Coping with the Environment*, London: Routledge (first edition 1980).

Tufnell, M. and C. Crickmay (2004) *A Widening Field: Journeys in Body and Imagination*, London: Dance Books.

RECOMMENDED MATERIAL:

Hay, Deborah. (2006). *My Body, the Buddhist*. Wesleyan University Press.

COMMUNICATION REQUIREMENTS:

Use of proper English for all written and oral assignments.

SOFTWARE REQUIREMENTS:

Microsoft Word, Blackboard CMS.

WWW RESOURCES:

<http://www.contemporary-dance.org/>

INDICATIVE CONTENT:

- I. Exercises on the 'floor'
 - A. Warming-up and preparation
 - B. Establishing core-stability
 - C. Coordination of body parts on low/ground level
- II. Exercises on 'place'
 - A. Stable/labile control
 - B. Use of pressure / touch to manage level changes from floor to standing
 - C. Development of adaptive posture whilst working on vertical and sagittal planes.
- III. Locomotive Exercises
 - A. Transitions through space and design
 - B. Isolation of legs and arms
 - C. Movements of the vertebrae in vertical succession.
- IV. Short combinations:
 - A. Exercises to facilitate the effective implementation of flow
 - B. Sequences that include curves, suspensions, recovery, rebound, torso movements.
- V. Short choreographic studies are used as 'combinations'
 - A. Development of performance qualities, personal interpretation
 - B. Development of focus and clarity in the intent of the motion

