

DEREE COLLEGE SYLLABUS FOR: DA 2050 Contemporary Dance I			US credits: 0/3/3						
(Updated Spring 2023)									
PREREQUISITES:	None								
CATALOG DESCRIPTION:	Fundamental principles of Release-based contemporary dance technique; learning and performance of contemporary dance combinations that are treated as small choreographic variations								
RATIONALE:	Introduction to the basic contemporary dance principles. Emphasis is given on the efficient use of energy in order to be able to move in a safe and effortless manner. The students have the opportunity to embody fundamentals that include the development of dynamic alignment, core stability, fluent changes between levels, flexibility, rhythmicity, endurance and balance.								
LEARNING OUTCOMES:	As a result of taking this course, the student should be able to: 1. Demonstrate knowledge of the basic principles of contemporary dance technique 2. Demonstrate the ability to manipulate energy changes in a safe and organic manner 3. Develop flexibility, strength and endurance 4. Develop rhythmicity in movement performance 5. Demonstrate the ability to perform the material with clarity of intention and execution								
METHOD OF TEACHING AND LEARNING:	This course is fully taught in a studio and thus the designation 0/3/3 indicates delivery of regular teaching hours. In congruence with the teaching and learning strategy of the college, the following tools are used: • Studios: students are encouraged to use studio facilities for further practice • Library: Students are encouraged to make use of the library facilities for their assignments • Office hours: students are encouraged to make full use of the office hours of their instructor, where they can ask questions and go over class material. • Use of a blackboard site, where instructors post notes, assignment instructions, timely announcements, as well as additional resources								
ASSESSMENT:	Summative: <table><tr><td>1st Assessment: Assessed Class</td><td>40%</td></tr><tr><td>Final Assessment : Assessed Class</td><td>60%</td></tr></table> Formative: <table><tr><td>Attendance and participation</td><td>0</td></tr></table> The formative “Attendance and participation” aims to prepare students for the summative assessments. The 1st Assessment tests LOs 1-4 The Final Assessment tests LOs 1-5 <i>The final grade for this module will be determined by averaging all</i>			1st Assessment: Assessed Class	40%	Final Assessment : Assessed Class	60%	Attendance and participation	0
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	<i>summative (major) assessment grades, based on predetermined weights for each assessment. If the average grade is 40 and above, students pass the module. No resits for non-validated modules.</i>
INDICATIVE READING:	REQUIRED READING: Selected Chapters from: Diehl, I. & F. Lampert, (2011) <i>Dance Techniques 2010</i> Tanzplan, Germany, Seemann-Henschel. Latest Edition RECOMMENDED READING: n/a
INDICATIVE MATERIAL: (e.g. audiovisual, digital material, etc.)	REQUIRED MATERIAL: n/a RECOMMENDED MATERIAL: n/a
COMMUNICATION REQUIREMENTS:	Use of proper English
SOFTWARE REQUIREMENTS:	MSOffice, Blackboard CMS.
WWW RESOURCES:	https://www.contemporary-dance.org/
INDICATIVE CONTENT:	1. Warm up exercises on the floor. 2. Exercises in medium level and upright position. 3. Exercises to arrive at efficient alignment, body part co- ordination, locomotion, flow and weight transfer. 4. Exercises to familiarize students with effective use of tension/release of energy. 5. Discussion and demonstration in order to identify, describe and analyse the movement involved in class exercises. 6. Combinations to encourage efficient support of the body through centre, to develop strength, flexibility, alignment and rhythmicity in performance. 7. Combinations across the floor are treated as small choreographic variations