

DEREE COLLEGE SYLLABUS FOR: DA 2000 Classical Ballet

US Credits: 0/3/3

(Previously DA 3000 Classical Ballet – L5)
(Updated Spring 2023)

PREREQUISITES:

None

CATALOG DESCRIPTION:

Ballet class; Barre exercise; Adagio; Allegro; Terminology of classical ballet; Classical ballet combinations

RATIONALE:

Introduction to ballet technique. The students have the opportunity to familiarize with barre technique, centre practice, adagio and allegro through combinations that develop strength, flexibility, coordination, musicality and phrasing.

LEARNING OUTCOMES:

1. Demonstrate knowledge of the basic principles of classical ballet technique
2. Demonstrate understanding of ballet terminology
3. Develop flexibility, strength and coordination
4. Develop rhythmicity in movement performance
5. Demonstrate the ability to perform ballet technique combinations with focus and clarity

METHOD OF TEACHING AND LEARNING:

This course is fully taught in a studio and thus the designation 0/3/3 indicates delivery of regular teaching hours.

In congruence with the teaching and learning strategy of the college, the following tools are used:

- Studios: students are encouraged to use studio facilities for further practice
- Library: Students are encouraged to make use of the library facilities for their assignments
- Office hours: students are encouraged to make full use of the office hours of their instructor, where they can ask questions and go over class material.
- Use of a blackboard site, where instructors post notes, assignment instructions, timely announcements, as well as additional resources.

ASSESSMENT:

Summative:

1 st Assessment - Assessed Class	40%
Final Assessment - Assessed Class	60%

Formative:

Attendance and participation	0
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The formative "Attendance and participation" aims to prepare students for the examination.

The "1st Assessment – Assessed Class" tests LOs 1-4

The "Final Assessment – Assessed Class" tests LOs 1-5

The final grade for this module will be determined by averaging all summative (major) assessment grades, based on predetermined weights for each assessment. If the average grade is 40 and above, students pass the module. No resits for non-validated modules.

INDICATIVE READING:

REQUIRED READING:

	<p>Grant, G. 2009. <i>Technical Manual and Dictionary of Classical Ballet</i>, BN Publishing.Publications.</p> <p>RECOMMENDED READING: n/a</p>
<p>INDICATIVE MATERIAL: (e.g. audiovisual, digital material, etc.)</p>	<p>Material available through Blackboard.</p>
<p>COMMUNICATION REQUIREMENTS:</p>	<p>Use of proper English</p>
<p>SOFTWARE REQUIREMENTS:</p>	<p>Msoffice, Blackboard CMS.</p>
<p>WWW RESOURCES:</p>	<p>https://www.abt.org/explore/learn/ballet-dictionary/ www.dancing-times.co.uk www.dancemagazine.com</p>
<p>INDICATIVE CONTENT:</p>	<ol style="list-style-type: none"> 1. Ballet barre: pliés, tendues, jetés, rond de jambe, relevé, dégagé, frappé, developpe, grand battement 2. Centre work: Adagio work using port de bras in croisé, en face, and effacé, allegro work to strengthen the dynamics of the feet and legs. 3. Terminology of the classical methodology. 4. Stretching and strengthening exercises 5. Combinations across the floor to develop rhythm, coordination, a sense of flow, and the pleasure of movement