

DEREE College Athletic Club

Swim Academy 2014-2015

		group	lane	M-W-F	T-R	S	coach						
1	BEGINNERS A' (4-5 years old) Crabs	1		17:15-18:00			10	VOUTSAS					
2		2		18:00-18:45									
3		3		18:45-19:30									
4		4		19:30-20:15									
5		5		17:15-18:00						9	KAMZELA		
6		6		18:00-18:45									
7		7		18:45-19:30									
8		8		19:30-20:15									
9		9								10	VOUTSAS		
10		10										17:15-18:00	10:15-11:00
11		11										18:00-18:45	11:00-11:45
12		12										18:45-19:30	11:45-12:30
13		13								9	KAMZELA		
14		14										17:15-18:00	10:15-11:00
15		15										18:00-18:45	11:00-11:45
16		16										18:45-19:30	11:45-12:30
17	BEGINNERS B' (5-6 years old) Starfishes	1		17:00-17:45			7	IOANNOU					
18		2		17:45-18:30									
19		3		18:30-19:15									
20		4		19:15-20:00									
21		5							7	IOANNOU			
22		6									17:00-17:45	10:00-10:45	
23		7									17:45-18:30	10:45-11:30	
24		8									18:30-19:15	11:30-12:15	
25	BEGINNERS C' (6-7years old) Frogs	1		17:00-17:45			6	VELENTZA					
26		2		17:45-18:30									
27		3		18:30-19:15									
28		4		19:15-20:00									
29		5							6	VELENTZA			
30		6									17:00-17:45	10:00-10:45	
31		7									17:45-18:30	10:45-11:30	
32		8									18:30-19:15	11:30-12:15	
33	ADVANCED A' (7-8years old) Swordfishes	1		17:00-17:45			8	ATHANASOPOULOU					
34		2		17:45-18:30									
35		3		18:30-19:15									
36		4		19:15-20:00									
37		5							8	ATHANASOPOULOU			
38		6									17:00-17:45	10:00-10:45	
39		7									17:45-18:30	10:45-11:30	
40		8									18:30-19:15	11:30-12:15	
41	ADVANCED B' (8-11years old) Sharks	1		17:00-18:00			5	BOUGIOUKOS					
42		2		18:00-19:00									
43		3		19:00-20:00									
44		4							5	BOUGIOUKOS			
45		5									17:00-18:00	10:00-11:00	
46		6									18:00-19:00	11:00-12:00	
47	JUNIORS SWIMMING	1		20:00-21:00			5	BOUGIOUKOS					
48		2		20:00-21:00			7	IOANNOU					
49		3					20:00-21:00	13:00-14:00	5	BOUGIOUKOS			
50		4					20:00-21:00	13:00-14:00	7	IOANNOU			
51		5					20:00-21:00	13:00-14:00	6	VELENTZA			
52	ELITE (Dolphins)	1		18:00-19:15		10:00-11:00	4	TSOLTOS					
53	PRE-COMPETITION	1		19:15-20:45		11:00-12:30	2	PAPAHARIZANOS					
54	COMPETITION	1		15:30-18:00		08:00-10:00	1	VALLAS					